**IELTS Writing task 2**

**People sleep less than before. Why? And what are the effects of this?**

**40 minutes, 250 words at least.**

**Collocations**

1. Sleep industry
2. (doing) sth keeps sb awake
3. At night
4. We are told that………
5. get eight unbroken hours of sleep
6. protect us from cancer and dementia
7. but/ and/ also >> CC
8. hardly a day goes by………
9. on TV
10. the papers
11. be told relentlessly
12. how much the economy loses through …….
13. [Sleep](https://www.theguardian.com/lifeandstyle/sleep) experts broadcast their advice and openion…….
14. bestseller lists